



COLTS



WELCOME,

I'd like to welcome everyone to a new season of [Cumberland Colts Football and Cheerleading](#). With the new changes for football it should at least prove to be interesting. As most people know by now we have joined the All-American division of AYF, which is grade/age based approach rather than weight. Thankfully that does not mean too much change as far as cheerleading is concerned.

Our goal is to make cheerleading fun at every level!! Cheerleaders are important at each and every football game, and have an essential role during competition. American Youth Football/ American Youth Cheer is committed to creating a positive competitive environment where cheerleaders can showcase their skills and learn how to win with grace or lose with honor.

Mandatory Paperwork

Each cheerleader will need the following paperwork in order to practice and participate at games:

- Registration packet
- Medical clearance form(dated after Jan.2010)
- Original Birth Certificate
- Copy of final report card

Fees and Uniforms

We understand that the recent increase in registration fees was shocking . Here is where it goes:

- Uniform maintenance
- Socks
- Hair bows
- Busses come comp time
- Insurance
- Field use(no not free)
- AYF fees

With that each girl will be responsible for purchasing the following:

- Liner
- Spanks
- Extra socks
- Sneakers

There is also an option to buy a wind suit, although not mandatory it is recommended

For those things that need to be purchased, we will be having days to order them. Those days will be: July 12, 13, 15 from 6-7 p.m. at Tucker Field.

Basic Rules

- BE ON TIME
- BRING WATER OR SPORTS DRINK, NO JUICES OR SODA
- SOCKS AND SNEAKERS- SAVE YOU CHEER SNEAKERS FOR GAMES
- T-SHIRT & SHORTS- NO JEANS, SKORTS, SKIRTS. NO TANKTOPS, I/2 SHIRTS, V-NECK,ETC.

- HAIR PULLED BACK IN A PONYTAIL, BANGS MUST BE OFF FACE AT ALL TIMES
- NO MAKE-UP, TATTOOS, FINGERNAIL POLISH
- NO EARRINGS OR OTHER PEIRCINGS, NO JEWELRY AT ALL
- **ONLY MEDIC-ALERT BRACELETS WILL BE ALLOWED**

During practice, parents will not be allowed to be on the field with the cheerleaders. This also means siblings, aunts, uncles, etc. This is an insurance regulation.

During games, parents will not be allowed to stand in front of the fence. This blocks everyone from seeing the girls and they work so hard, lets showcase them! Please sit in the bleachers.

**** WE ARE A DRUG FREE AND SMOKE FREE ENVIROMENT!!! ANYONE FOUND USING DRUGS, ALCOHOL OR SMOKING ON THE FIELD WILL BE IMMEDIATELY REMOVED****

ATTENDANCE

Every cheerleader is a critical part of their team, as with any other sport. Please keep this in mind when scheduling family vacations, dance, and other sports. A lot of time and effort is put in to teaching cheers and choreographing half time routines for you to enjoy.

We define an excused absence as anything that is not in the child's control. Please let your coach know ahead of time if you are going to miss a game or practice. If you miss 2 practices in a week and have not been in contact with your coach, it will result in an unexcused absence.

- 1 unexcused absence will result in the cheerleader not cheering in the first half of the next game
- 2 or more will result in the cheerleader not cheering in the entire game.

She will however, be expected to show up in uniform.

Game attendance is just as important, 3 or missed games will result in the cheerleader not being allowed to compete/exhibit with her team.

The last practice before competition is MANDATORY. The cheerleader will not be allowed to compete.

**** Please be respectful of attendance the team counts on you****

Practice and Game Time

This year practice will begin July 26, 2010. During the summer month practice is most generally 4 days per week for the older teams and 2-3 days per week for younger teams. Once school starts, it will decrease by a day. We practice for 1 ½ -2 hours per day.

Home games are at Tucker Field, on Sundays. The time of arrival will be determined by your teams coach. Away games, will be announced and directions will be given, again with a time to be announced by your coach.

Volunteering

Volunteers and children are the key to the Cumberland Colts continued success. However, they are not always forthcoming. This year, we will be sending around sign up sheets with blocks of time for you to help, at concession, the gate, set up, clean up, field markers, etc. We recommend you sign up during that time BEFORE your child's game. We're looking at making this mandatory.

We appreciate any help that you can give. We CAN'T do it alone!!!

Please remember to check the website frequently www.cumberlandcolts.net.

Thank you, I look forward to working with you all!!!

Melissa Seel

Cheer Coordinator

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